

Distracted Driving

It's easy to feel like driving isn't enough when there's so much more to do. It's normal to feel the urge to grab the phone. But we must stay focused on the road. Not only is holding your phone while driving illegal in the State of California, distracted driving is now the number one cause of roadway crashes. Join us in being part of the solution. Grab the wheel with both hands, enjoy the drive and focus on each other. Here are some ways you can prevent driving distracted:

- Silence your phone before you get behind the wheel and keep it mounted in a legally approved location.
- Never text and drive or use apps or social media while driving.
- Do not eat, drink or program your GPS/MP3 player or other devices while driving.
- If a phone call is necessary or you need to reroute your map, pull over to use those devices.
- If something falls to the floor, pull over to a safe parking spot before trying to reach it.





CALIFORNIA OFFICE OF TRAFFIC SAFETY



We're all in it together.



Your logo here



gosafelyca.org

Funding for this program was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.