BLOOD ALCOHOL CONTENT (BAC)
is affected by factors including height, weight, food intake, drug and/or medication use and rate of alcohol consumption.

THE BODY LOWERS YOUR BAC
about .015% every hour. Nothing can speed up this process. Not even coffee or a cold shower.

CALIFORNIA OFFICE OF TRAFFIC SAFETY

<table>
<thead>
<tr>
<th># Of drinks consumed</th>
<th>Approximate BAC (Male/Female Average)</th>
<th>Time it takes to 0.00%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>.035</td>
<td>2.3 Hours</td>
</tr>
<tr>
<td>2</td>
<td>.065</td>
<td>4.3 Hours</td>
</tr>
<tr>
<td>3</td>
<td>.09</td>
<td>6 Hours</td>
</tr>
<tr>
<td>4</td>
<td>.12</td>
<td>8 Hours</td>
</tr>
</tbody>
</table>

WOMEN

- 120 lbs + 2 drinks = .08% BAC
- 180 lbs + 3 drinks = .08% BAC

MEN

- 140 lbs + 3 drinks = .08% BAC
- 180 lbs + 4 drinks = .08% BAC
If you need a sober ride, call a ride-sharing service or a friend.

**CALIFORNIA DUI DEFINED**

- **.08%** OR HIGHER
  - 21 years or older operating a regular passenger vehicle

- **.04%** OR HIGHER
  - operating a commercial vehicle

- **.01%** OR HIGHER
  - younger than 21 years old

**AVERAGE COST OF A DUI**

$13,500

gosafelyca.org