

CLICK IT OR TICKET



PUT YOUR SEATBELT ON. You can reduce your risk of injury and death by as much as **50%**.



In case you're in a crash, buckling up is the single most effective thing you can do to **PROTECT YOURSELF.**



In 2017, **37,000** people died in car crashes nationally. Almost half of them weren't wearing their seatbelt.



On average, **MORE THAN 95%** of people wear their seat belts in California.



BUCKLING UP EFFECTIVELY

Place the shoulder belt across the **MIDDLE OF YOUR CHEST** and **AWAY FROM YOUR NECK**.



Be sure to **SECURE THE LAP BELT** and shoulder belt across your hips and rib cage. Those areas are better to withstand crash forces than other parts of your body.



Ensure the lap belt rests **ACROSS YOUR HIPS**, not your stomach.

NEVER put the shoulder belt behind your back or under an arm.



Visit [gosafelyca.org](https://www.gosafelyca.org) for more safety tips and information.

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