

KNOW YOUR LIMIT



CALIFORNIA OFFICE OF TRAFFIC SAFETY

# Of drinks consumed	Approximate BAC (Male/Female Average)	Time it takes to 0.00%
1	.045	2.67 Hours
2	.09	6 Hours
3	.135	8.67 Hours

1 drink = 1.5 oz. 80 proof liquor, 12 oz. 5% beer, or 5 oz. 12% wine

BLOOD ALCOHOL CONTENT (BAC)

is affected by factors including height, weight, food intake, drug and/or medication use and rate of alcohol consumption.



THE BODY LOWERS YOUR BAC

about .01% every 40 minutes.
Nothing can speed up this process.
Not even coffee or a cold shower.



KNOW YOUR LIMIT*



WOMEN

- > 120 lbs + 2 drinks = .11% BAC
- > 180 lbs + 3 drinks = .11% BAC



MEN

- > 180 lbs + 3 drinks = .10% BAC
- > 200 lbs + 3 drinks = .09% BAC

*Source: CA Department of Motor Vehicles

CHOOSE A ~~SOBER~~ WAY TO GO.

AVERAGE COST
OF A **DUI**

CALIFORNIA DUI DEFINED

.08%
OR HIGHER

21 years or older
operating a regular
passenger vehicle

.04%
OR HIGHER

operating a
commercial or
ride-share vehicle

.01%
OR HIGHER

younger than
21 years old

\$13,500

+



+



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DUI
DOESN'T JUST MEAN
BOOZE


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